

# Compline Service

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*Compline follows the ancient monastic tradition of night prayer, and is an opportunity to meditate on the peace offered by God at the close of day, as the lights of evening begin to surround us. The service centers on the prayer of Simeon, or Nunc dimittis, and reminds us of God's faithfulness throughout history.*

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## *Preparation*

May the divine God in three give you peaceful and perfect sleep.

**Amen.**

Our being is sustained in the triune name of God who made heaven and earth.

## *Introduction*

### *Chant*

**Be still and know that I am God**

**Be still and know that I am**

**Be still and know**

**Be still**

**Be**

## *Five Minutes of Silence*

Lord Jesus, you wept over the selfishness of your city;  
on our city: Lord have mercy.

**Lord, have mercy.**

Lord Jesus, you heal the wounds of selfishness and  
division, jealousy and bitterness;  
on us: Christ have mercy.

**Christ, have mercy.**

Lord Jesus, you bring pardon and peace;  
grant us peace: Lord have mercy

**Lord, have mercy.**

O God, save us from this time of trial,  
**O Lord, make haste to help us.**

**Glory to the Creator,  
and to the Redeemer,  
and to the Companion,  
as it was in the beginning  
is now and shall be for ever.  
Amen. Alleluia.**

## *Examen or Contemplative Prayer to attend to God*

God is my light and my salvation; whom shall I fear?  
The Lord is the stronghold of my life; of whom shall I be  
afraid?

**One thing I have ask of the Lord, of which  
I seek; to be in the presence of the Lord all  
the days of my life, to behold the beauty of  
the Lord.**

For God will hide me in God's shelter in my day of  
trouble, I will sing and make melody to the Lord.

**Hear, O Lord, when I cry aloud, be gracious to me  
and answer me! 'Come' my heart says, 'seek God's  
face'. Your face Lord do I seek. Do not hide your  
face from me.**

Teach me your ways O Lord, and lead me on a level path.

**I believe that I will see the goodness of the Lord  
in the land of the living. Wait for the Lord; be  
strong, and let your heart take courage; wait for  
the Lord**

You have put gladness in my heart,  
more than when their corn and wine and oil increase.

**In peace I will lie down and sleep,  
for it is you God, only,  
who helps us sleep in safety.  
Glory to the Creator  
and to the Redeemer  
and to the Sustainer,  
as it was in the beginning  
is now and shall be for ever.  
Amen.**

## *Scriptural text and Contemplative Response*

Into your hands, O Lord, I commend my spirit.  
**Into your hands, O Lord, I commend my spirit.**

For you have redeemed me, Lord God of all knowing.  
**I commend my spirit.**

Glory to the Creator  
and to the Redeemer  
and to the Sustainer.  
**Into your hands, O Lord, I commend my spirit.**

Christ died for us, so that,  
whether awake or asleep  
we might live with him.

## *Service continues overleaf*



### *The Nunc Dimitis*

**Now, Lord, you let your servant go in peace:  
your word has been fulfilled.**

**My own eyes have seen the salvation  
which you have prepared in the sight of every  
people;**

**a light to reveal you to the nations  
and the glory of your people Israel.**

### *Prayers*

Let us pray for peace and rest at the closing of the day. Feel free to pray aloud or silently.

At the end of each prayer the refrain is *Lord in your mercy*, and the response is *hear our prayer*.

### *Allow a time of prayer*

Creator God, may every breath we take be for your glory, may every footstep show you as our way, that, trusting in your presence, we may be with you now and for ever.

**Amen.**

### *Conclusion*

In peace we will lie down and sleep;  
**for you alone, Lord, enable us to sleep in safety.**

Stay with us, Lord Jesus,  
**for the night has come and the day has passed.**

As the night watch looks for the morning,  
**so do we seek for you, O Christ.**

### *Blessing*

The Lord bless us and watch over us;  
the Lord make his face shine upon us and be gracious to us;  
the Lord look kindly on us and give us peace.

**Amen.**

**+ In the name of the Creator,  
and of the Redeemer,  
and of the Companion.  
Amen.**